

Texoma Community Center

315 West McLain Street, Sherman, TX 75090

P.O. Box 1087, Sherman, TX 75091-1087

Phone: (903) 957-4701

FAX: (903) 957-3415

If you do not have a primary physician, you are free to contact ANY primary care physician of your choice. However, you may wish to contact one of the following resources for help. *Inclusion on this list does not guarantee they will accept you as a patient.*

Medical Assistance

Grayson County Health Department

515 North Walnut, Sherman, TX

903-893-0131

Well Woman & Family Planning / Immunizations.

Grayson County Health Department

205 North Houston, Denison, TX

903-465-2878

Immunizations.

Bruce Maniet, DO

101 South Broadway, Bells, TX

903-965-7700

319 South Highway 69, Whitewright, TX

903-364-2022

Medicare.

Sherman Medical

2500 North Travis Street, Sherman, TX

903-868-8900

Cash Only, Does not accept Medicaid.

Lions Club

2105 Jason Circle, Sherman TX

903-868-2537 (leave message)

Eyeglasses.

One Medical Clinic

913 Cottonwood, Sherman, TX

903-868-9565

Private pay only.

WNJ WellCare Medical Group

600 N. Highland Ave, Ste 10, Sherman, TX 75092

903-957-2100

Medicaid, Medicare, Private Pay, Insurance.

Bonham Community Health Center

920 North Center Street, Bonham, TX

903-583-6155

Family Care Clinic

308 Charlie Drive, Whitesboro, TX

903-564-9090

Greater Texoma Health Clinic

900 North Armstrong Ave, Denison, TX

903-465-2440

By application only- Please call for appointment.

TexomaCare- Bonham

2201 North Highway 121, Bonham, TX

903-583-3111

Medicaid 2yo-17yo only.

TexomaCare- Denison

5012 S US Hwy 75, Ste 225, Denison, TX

903-416-6025

Fannin County Indigent Health Care

1203 E. Sam Rayburn, Bonham, TX

903-583-2915

Primary Care Associates

600 North Highland Ave, Sherman, TX

903-892-8112

Discounted Rate/Private Pay or uninsured only.

North Texas Medical Center

1900 Hospital BLVD, Gainesville, TX

940-665-1751

Indigent Health, Medicaid, Sliding Scale.

Four Rivers Outreach- Dental

333 West Jones Street, Sherman, TX

Open by Appointment

903-870-4000

Grayson County Indigent Health

1111 Gallagher Drive, Sherman, TX

903-771-2851

Sliding Scale/Application.

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These are a few Outpatient Counseling Services in the Cooke, Fannin and Grayson County areas. Their placement on this list does not constitute an endorsement of their services. *Inclusion on this list does not guarantee services.*

Counseling

Cooke County

Michael Anne Bryson Counseling

207 S. Dixon, Gainesville, TX

940-665-8056

Medicaid, Insurance, Private Pay.

Breakthrough Christian Counseling

1001 E Broadway Street, Gainesville, TX

940-612-0049

Abigail's Arms

P.O. Box 1221, Gainesville, TX

24 Hotline 940-665-2873

Victims of Domestic Violence.

Avery Behavioral Health

202 S. Dixon Street, Gainesville, TX

940-612-2445

Medicaid, Medicare.

Texoma Community Center

319 N. Dixon, Gainesville, TX

940-665-3962

Robert E. Hanson, PH

209 W. California, Gainesville, TX

972-345-1789

Medicaid, Medicare, Insurance.

Fannin County

Faye Wedell, LPC, LMFT

112 W. 5th St., Bonham, TX

903-640-3868

Texoma Community Center

1221 E 6th Street, Bonham, TX

903-583-8583

Jan D Snow, LPC

112 West 5th Street, Bonham, TX

903-815-6791

Michelle Griffith

112 W. 5th St., Bonham, TX

903-436-2406

Fannin County Family Crisis Center

Address not provided for safety precautions

903-583-7694

Victims of Domestic Violence.

Erin Holt, LPC

1212 N. Center Street, Bonham, TX

469-964-2297

Counseling (Continued)

Grayson County

Robert M. Cross, PhD

200 N. Travis Street, Ste. 303, Sherman, TX
903-819-8888

Tanya Brown-Davis, LPC

100 N. Travis Street, Ste. 406, Sherman, TX
903-893-4884

Stonebridge Family Counseling

3400 East FM 691, Sherman, TX
903-337-0343

Marriage, Family & Relationship Counseling.

Anger & Stress Management

Trauma, Grief, Illness, Abuse, Adolescent Issues.

Eating & Mood Disorders.

Assertiveness & Self-Esteem issues.

Child Guidance Clinic of Texoma

804 E. Pecan Grove, Sherman, TX
903-893-7768

Individual & Family Counseling, Parenting.

Grayson County Counseling Service

2009 Texoma Parkway, Ste. 3, Sherman, TX
903-892-2874

John Kasper, LPC

2007 Texoma Parkway, Ste. 195, Sherman, TX
903-892-8901

Dan McCaig and Associates

402 West Lamar, Sherman, TX
903-891-3831

Women's Crisis Center

Address not provided for safety precautions

903-893-3909

Victims of Domestic Violence.

Key Care Mission

921 E. Houston St.

Sherman, Tx 75090

(Sherman Residents Only)

Center for Psychological Development

1105 Memorial Drive, Ste. 202, Denison, TX
903-337-0343

Applied Psychology Group

600 E. Taylor, Ste. 4011, Sherman, TX
903-893-0298

Texoma Community Center

315 W. McLain, Sherman, TX
903-957-4700

Lakes Behavioral Health

421 North Sam Rayburn Drive, Sherman, TX
903-892-8185

Substance Abuse Counseling.

Steps 2 Strides

2300 West Morton Street, Ste. 114, Sherman, TX
903-462-4085

Outpatient Pediatric Rehabilitation, Birth to 21 years.

Speech, Physical, & Occupational Therapy.

Dietician, Behavioral Counseling, Social Services.

Crime victims & crisis intervention.

Trinity Counseling

416 E Main, Denison, TX
903-465-6344

Sliding Scale.

Compassion and Support

505 W Center, Sherman, TX
903-868-9315

Grief Counseling.

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These are few psychiatrists in the Cooke, Fannin and Grayson County areas. Their placement on this list does not constitute an endorsement of their services. *Inclusion on this list does not guarantee services.*

Local Psychiatrists

Deepika Bhargava, MD

600 E Taylor, Ste 4001, Sherman, TX

903-892-0751

Medicaid, Medicare, & Private Insurance.

Gary Watts, PA

2925 Country Club Rd, Ste. 102, Denton, TX

940-382-1120

No Medicaid.

Dante Burgos, MD

2704 Washington St, Greenville, TX

903-454-7200

Medicaid, Medicare, & Private Insurance.

Vernon Johnson, MD

302 E. Brockett, Sherman, TX

903-893-1400

Children only, 6yo-12th grade.

Gayatri Singh, MD

2300 W. White Ave, Ste 106, McKinney, TX

972-562-4755

Tri Med Behavioral and Sleep Medical

Oluymi Aina, MD and Aaron A. Brown, DO

1601 N. Travis, Sherman, TX

903-328-6556

Bryan County Oklahoma Services

Mental Health & Substance Services of OK

1001 W. Main Street

Durant, OK 74701

580-924-7330

800-522-1090

Medicaid, Medicare, Income based.

Mental Health Services of Southern Oklahoma

1001 W Main Street

Durant, OK

580-924-7330

Medicare & Private Insurance.

Sequel Care of Oklahoma

103 N. 3rd Street

Durant, OK

580-298-2830

Mental health and substance abuse services.

Alcoholics Anonymous- Turning Point Group

St. John's Church

515 W Beech

Durant, OK

Mon, Tue, Thu, Sat at 7pm

Narcotics Anonymous- Key To Life

East Side Presbyterian Church

501 NE 4th Avenue

Durant, OK

Tue-Sun at 8pm & Monday at 12pm

New Vision

1600 W University, Durant, OK

1-800-939-2273

Detox, Inpatient, Medicaid/Medicare

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These are few shelters in different areas. Their placement on this list does not constitute an endorsement of their services. *Inclusion on this list does not guarantee services.*

Shelters

Grayson County Shelter

331 W. Morton, Denison, TX

903-465-6041

Women 23 and older, Men 45 and older, Families.

Surrender House for Men

521 W. Morgan St., Denison, TX

903-463-4840

\$80/Week For men

Salvation Army

5700 Texoma Pkwy, Sherman, TX

903-868-9602

Dallas life Foundation

1100 Cadiz, Dallas, TX

214-421-1380

Men, Women, Children

House of Hope

509 E 12th St.

Ada, Ok 74820

580-332-4199

Samaritan Inn

1710 N. McDonald, McKinney, TX

972-542-5302

Presbyterian Night Shelter

2400 Cypress Ft. Worth, TX

817-632-7400

Single men and women & women and children

Nana T's B&B

222 E. 12th St.

Ada, Ok 74820

580-495-1559

mamatsada.com/home

Abigail's Arms

P.O. Box 1221, Gainesville, TX

24 Hotline 940-665-2873

Victims of Domestic Violence. Women and Children.

Women's Crisis Center

Address not provided for safety reasons

903-892-8595

Domestic Violence.

Fannin County Family Crisis Center

Address not provided for safety reasons

903-583-7694

903-583-7000-Hotline

Domestic Violence.

North Texas Youth Connection

1602 E. Lamar St., Sherman, TX

903-893-4717

Shelter for Young Teens.

The Bridge

1818 Corsicana, Dallas, TX

214-670-1100

Men, women, & children.

Union Gospel Women's Center

1321 E. Lancaster, Ft. Worth, TX

817-332-7531 or 817-332-6908

Men, women, & children

Austin Street Shelter

2929 Hickory St, Dallas, TX

214-428-4242

Men 45+ & women 18+, no children.

House of Eli

123 S. Ricketts, Sherman, TX

903-815-9792

Transitional living Boys 17.21

My Brother's House-Sober Living

711 W Division, Muenster, TX

940-634-3996

Sober living home. Males only.

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Food, Utility, and Medication Assistance

Park Avenue Church of Christ

903-465-1288
Medication/Food Pantry- Serving Denison.

Visto Clinic

1401 Southland Dr, Gainesville, TX 76240
940-668-6403
Medication, Food, Utility Assistance.

Lakeway Samaritan

512 E. FM 120, Pottsboro, TX
903-786-4331
Medication, Food, and Utility Assistance.

Salvation Army

All applicants must be employed or employable
5700 Texoma Parkway, Sherman, TX
903-868-9602

TCOG Energy Assistance

903-813-3541
Utility Assistance Serving Cooke, Fannin, and Grayson Counties.

Tom Bean Ministerial Alliance

903-546-6231
Medication/Food Assistance if living within Tom Bean ISD.

Denison Helping Hands

418 W Chestnut
903-465-5101
Food Assistance for Denison Residents.

Bonham Community Health Services

920 N Center St, Bonham, TX
903-583-8611
Medication Assistance.

Fannin County Indigent Health

903-583-2915
Medication Assistance.

Your Neighbor's House

201 S. Union St, Whitesboro, TX
903-564-4400
Food Assistance.

Share Ministries

820 E. Houston St, Sherman, TX
903-893-7097
Food Assistance.

Fannin County Community Ministry

903-583-3663
Food Assistance.

Fannin County Food Pantry

903-583-9150

Muenster Food Bank

940-759-4730
Food Assistance

Substance Abuse Resources

Outreach Screening Assessment & Referral

Texoma Community Center

315 W. McLain Street, Sherman, TX
903-957-4803

Narcotics Anonymous Hotline

888-851-1246

NA meeting & events search in southern OK and northern TX

Alcoholics Anonymous Hotline

214-887-6699

Marijuana Anonymous Hotline

1-800-766-6779

Support group search and information services.

DSHS Offender Education

Certified Locations Search & Information

www.dshs.state.tx.us/offendered/

Substance Abuse Helpline Toll-Free

1-800-246-HOPE (4673)

M-F 8am-5pm.

Substance Abuse Council

201 S. Travis St, Sherman, TX

903-892-9911 or 940-668-7463

Prevention and education programs.

Greater Dallas Council on Drug & Alcohol Abuse

1349 Empire Central Drive, Ste 800, Dallas, TX

214-522-8600

Call for additional resources and information.

Department of State Health Services

1-800-963-7111

<http://www.dshs.state.tx.us/>

Alcoholic Services of Texoma

2415 Texoma Pkwy, Sherman, TX

903-868-2123

Recovery Resource Council

2700 Airport Freeway, Ft. Worth, TX

817-332-6329

Substance abuse screening, Education, Outpatient, Counseling.

Outpatient Treatment for Substance Abuse

Texoma Community Center

315 W. McLain, Sherman, TX

903-957-4803

No Cost. Outpatient, Drug Offender Education.

Four Rivers Outreach

210 S. Rusk, Sherman, TX

903-870-4000

Drug and alcohol classes, Life Skills, GED program.

Homeward Bound

233 W. 10th St. Dallas, TX

214-941-3500

First Come, First serve Mon-Fri. 7:30am-1pm

Lena Pope Home Inc

3200 Sanguinet Street

817-255-2652

Tarrant County residents only.

Medmark Treatment Centers of Texas Inc.

5201 McCart Ave, Fort Worth, TX

817-207-8700

Lakes Behavioral Health Center- Sherman

421 Sam Rayburn Fwy, Sherman, TX

903-892-8185

Low or no-cost.

Lakes Behavioral Health Center- Bonham

410 W. Sam Rayburn, Bonham, TX

903-583-0060

Low or no-cost.

Lakes Behavioral Health Center- Greenville

4200 Stuart, Greenville, TX

903-455-3987 x1312

Low or no-cost.

Lakes Behavioral Health Center- Terrell

400 Airport Rd, Terrell, TX

972-524-4159

North Texas Addiction Counseling and Education Inc.

124 W Pioneer Parkway, Ste. 120, Arlington, TX

817-765-8278

Outpatient Treatment for Substance Abuse (Continued)

MHMR of Tarrant County

1518 E. Lancaster Avenue, Fort Worth, TX
817-335-3022 or 1-800-866-2465

Adult & Adolescent Outpatient, Detoxification, Residential Treatment, Spanish Speaking Outpatient, Smoking Cessation, HIV Services, Veterans Services.

Volunteers of America Texas Inc.

4700 S. Riverside Dr, Fort Worth, TX
817-529-7300

Outpatient & Inpatient treatment.

Medmark Treatment Centers of Texas Inc.

5201 McCart Ave, Fort Worth, TX
817-207-8700

House of Hope

2415 Texoma Parkway, Sherman, TX
903-868-2123

DWI & Drug Offender education/intervention.

Inpatient/Residential Treatment for Substance Abuse

Billy Gregory Detox

1501 E. El Paso St, Fort Worth, TX
817-569-4600

Accepts unfunded. Inpatient and chemical detox.

Nexus Recovery Center Inc.

8733 La Prada Dr, Dallas, TX
214-321-0156

Inpatient for adolescence, women & children

Lena Pope Home Inc.

3800 Hullen St, Fort Worth, TX
817-255-2652

Tarrant County residents only.

Christian Farms-Treehouse Inc.

3804 Riverside Trail, Temple, TX
254-933-9400

30-90 day program, no detox, Medicaid, \$4500/month

Magdallen House

1302 Redwood Circle, Dallas, TX
214-324-9261

Women only, non-medical alcohol detox, no cost.

Serenity House Drug & Alcohol Rehab

1546 N 2nd Street, Abilene, TX
325-673-6489

Scholarships available. Residential and Outpatient.

Homeward Bound

233 W. 10th St. Dallas, TX
214-941-3500

Accepts unfunded. First Come, First serve Mon-Fri. 7:30am-1pm

The Recovery Center

2501 Taylor St, Wichita Falls, TX
940-761-3034 or 866-937-7772

\$9,800 for 28 days, Private Insurance

Cenikor-North TX Residential Facility

2209 S. Main St., Ft. Worth, TX
817-921-2771

18-24mo program

Salvation Army Rehab Center

2901 Northeast 28th St, Fort Worth, TX
817-834-6271

Men Only

New Vision

1600 W University, Durant, OK
1-800-939-2273

Detox, Inpatient, Medicaid/Medicare

Solutions of North Texas in Denton

2216 Bolivar, Denton, TX
940-898-6202

90 day Residential and Outpatient. Financial assistance.

Narcotics Anonymous

Cooke County

Narcotics Anonymous

216 S. Commerce St, Gainesville, TX
Mon, Tue, Wed, Fri, Sat, & Sun at 8pm. Thu at 12pm & 7pm

Grayson County

Full Circle 1st United Methodist Church

301 W Maple St, Whitewright, TX
Mon, Wed, Sat at 7:30pm

Refinishing at Saint Episcopal Church

401 S. Crockett St, Sherman, TX
Mon & Thu at 7pm

Surrender Group at Price United Methodist Church

410 N. York Ave, Denison, TX
Sun-Thu at 7:30pm

Fannin County

Primary Purpose

1308 E Sam Rayburn Dr, Bonham, TX
Nightly at 7pm

Celebrate Recovery

3000 Park Ave, Denison, TX
903-465-1288
800 Baker Park Drive, Sherman, TX
903-892-9635

Keep it Simple at Trinity Lighthouse

2915 Spur 503, Denison, TX
Fri & Sat at 8pm

Something Different at Covenant Presbyterian Church

322 W. Pecan St, Sherman, TX
Mon-Fri at Noon

Alcoholics Anonymous

Cooke

Al Anon

606 N. Taylor St, Gainesville, TX
903-429-6673

Fannin

Al-Anon

818 N. Main St, Bonham, TX
Mon at 7pm

Twinkle Group

112 Kennedy Dr. Bonham, TX
Mon-Sun at 8pm

Grayson

Sherman Serenity

106 S. Elm St, Sherman, TX
Mon-Sun 8am, 12pm, and 8pm. Sun 10am

Van Alstyne Al-Anon

301 S. Preston St, Van Alstyne, TX
Tue, Thu, Fri, & Sun 6pm

Anchor Group

1608 N. Commerce, Gainesville, TX
940-612-2016
*Mon-Sat at 12pm. Mon, Wed-Fri at 6pm. Wed & Thu at 7:30.
Sun at 10am and 8pm*

New Beginnings Group

1308 N. Sam Rayburn Fwy, Bonham, TX
903-640-8916
Mon-Sat at 12pm. Sun at 1pm & 6pm

Texoma #1 Group

300 W. Morgan, Denison, TX
903-465-4430
*Mon-Sun 12pm & 8pm. Mon-Friday 7am & 6pm.
Sat & Sun 8am & 10am. Fri & Sat 10pm*

Social Service Organizations

And Other Helpful Numbers

Community Services Network

320 King Avenue, Denison, TX
903-786-5899

Four Rivers Outreach

210 South Rusk Street, Sherman, TX
903-870-4000

Pregnancy Care Center

105 West Pecan Street, Sherman, TX
903-893-9099

Sherman SNAP Center

1500 Broughton Street, Sherman, TX
903-892-3733

SNAP of Whitesboro

105 Mineral Street, Whitesboro, TX
903-564-6021

Compassion and Support

First United Methodist Church
401 N. Elm Street, RM 110, Sherman, TX
903-868-9315
Grief Support Counseling/Group

Assure Wireless

1-888-898-4888
Free wireless phone and 200 minutes.

Adult Probation-Cooke County: 940-668-5540

Adult Probation-Fannin County: 903-583-7446

Adult Probation-Grayson County: 903-813-4207

Adult Protective Services: 1-800-252-5400

Child and Family Guidance Center: 903-893-7768

Child Protective Services: 1-800-252-5400

Clinical Pathology Laboratories: 903-891-8797

Crisis Center: 903-893-5615

Department of Assistive and Rehabilitative Services: 903-813-8200

District Parole Office: 903-868-2616

Health Department-Denison: 903-465-2878

Health Department-Fannin County: 903-583-7495

Health Department-Sherman: 903-893-0131

Housing Authority of Cooke County-Gainesville: 940-665-1747

Housing Authority of Grayson County: 903-892-8717

Housing Authority-Bonham: 903-583-3336

Housing Authority-Denison: 903-465-2650

Housing Authority-Sherman: 903-893-3139

Jail-Fannin County: 903-640-4171

Jail-Grayson County: 903-892-8443

Juvenile Probation-Fannin County: 903-378-7890

Juvenile Probation-Grayson County: 903-786-6326

Medicaid/Food Stamps-Cooke County: 940-665-9315

Medicaid/Food Stamps-Fannin County: 903-583-5535

Medicaid/Food Stamps-Grayson County: 903-892-0581

North Texas State Hospital: 940-552-9901

North Texas Youth Connection: 903-893-4717

Police Department-Bonham: 903-583-2141

Police Department-Denison: 903-465-2422

Police Department-Gainesville: 940-668-7777

Police Department-Sherman: 903-892-7281

Sheriff-Cooke County: 940-665-3471

Sheriff-Fannin County: 903-583-2143

Sheriff-Grayson County: 903-813-4408

Social Security Office: 903-893-4654

TAPS Bus: 1-800-256-0911

Texas Highway Patrol: 903-813-3400

Texoma Council of Governments 903-893-2161

Texoma Council on Alcoholism & Drug Abuse: 903-892-9911

Texoma Medical Center Hospital: 903-416-4000

TMC Behavioral Health Center: 903-416-3000

VA North Texas-Bonham: 903-583-2111

Wilson N. Jones Regional Medical Center: 903-870-4611

WNJ Behavioral Health Services: 903-870-7322

Workforce Solutions Texoma-Bonham: 903-640-0222

Workforce Solutions Texoma-Denison: 903-463-9997

Workforce Solutions Texoma-Gainesville: 940-665-1121

Workforce Solutions Texoma-Sherman: 903-957-7408

Disaster Distress Helpline 1-800-985-5990

(SAMHSA's Disaster Distress Helpline, 24/7, 365-day-a-year crisis counseling and support for emotional distress related to natural or human-caused disasters.) Or text "TalkWithUs" to 66746

Behavioral Health Disaster App <https://www.store.samhsa.gov/apps/disaster> Responders can utilize the SAMHSA Go2AID—The Field Resources for Aiding Disaster Survivors APP too!

FEMA Coping with Disaster <https://www.FEMA.gov/coping-disaster>

Access to Disaster Help and Resources

<https://www.disasterassistance.gov/>

Ready or Not? Have a plan <https://texaspreoares.org>

Make Ready.gov a part of your information toolkit on all things disaster-related <https://www.ready.gov/be-informed>

Fire/EMS Helpline 1-888-731-FIRE (3473)

Emergency Medical Technician? <http://www.safecallnow.org> /1-206-459-3020

or contact the First Responder Support Network <http://www.frsn.org>, or Code Green Campaign

<http://codeareencamDaian.org/resources>.

Find more information at <https://www.naemt.org/initiatives/ems-mental-health> Lots. More info-for

EMS and Fire <https://www.nvac.org/oroarams/share-the-load-proaram/> **Law Enforcement?**

<http://www.copline.org> **or call 1-800-267-5463 Veteran? VA Disaster Mental**

Health Treatment

[https://www.Dtsd.va.gov/Dubiic/treatment/theraDV-med/disaster mental health treatment, asp](https://www.Dtsd.va.gov/Dubiic/treatment/theraDV-med/disaster%20mental%20health%20treatment.asp) **VA**

Coaching into Care 1-888-823-7458 Vets Prevail <http://www.vetsprevail.org>

(personalized, confidential, online, where you earn rewards for helping yourself and others)

headstrong (for post-9/11 vets) Free, confidential treatment for post-9/11 veterans

<http://Getheadstrong.org/aet-heip/>

Traumatic Brain Injury (TBI) Defense & Veterans Brain Injury Center Info and Referral 1-866-966-1020

Veterans Crisis Line 1-800-273-8255; press 1 Need more great

resources? <https://www.samhsa.gov> and

<https://www.samhsa.gov/disaster-DreDaredness>

Sign up for a free account, take classes, earn CE's, meet other responders, get involved, and

more...<https://train.org/Texas/> and <https://preparingtexas.org>

Emergencies – Stressed? Need to Talk?

1-800-273-8255 (Talk)

National Suicide Prevention Lifeline (24/7, Free. Confidential support for people in distress).

National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

National Sexual Assault Hotline

1-800-656-HOPE (4673)

National Domestic Violence Hotline

1-800-799-SAFE (7233)

1-800-787-3224 (hearing impaired line)

RAINN www.rainn.org

(Rape, Abuse, & Incest National Network)

1-800-656-HOPE (4673)

Outreach, Screening, Assessment, and Referral (OSAR)

A point of contact for those seeking substance use disorder treatment services. Regardless of ability to pay, Texas residents who are seeking substance use disorder services and information may qualify for services based on need. OSAR's are located at Local Mental Health Authorities (LMHAs) in 11 Health and Human Services regions.

MENTAL HELATH

<http://hhs.texas.gov/services/mental-health-substance-use>

Local Mental Health Authorities

Community Mental Health Centers

<http://txcouncil.com>

Substance Use Disorder?

Alcoholic

Narcotics

Anonymous

Anonymous

<http://aa.org>

<http://www.na.org>

Crisis Text Line

Text HOME to 741741 in the U.S.,
a trained Crisis Counselor will text back.

TX Stalking Resource Center

<https://victimsofcrime.org/our-programs/past-programs/stalking-resource-center>

Elder Abuse: Report it, get help, and applicable state laws

Contact the Administration for Community Living, National Center on Elder Abuse

<https://ncea.acl.gov> or call: Eldercare Locator (weekdays) 1-800-677-1116

Most states require doctors and lawyers to report elder mistreatment. But, family, friends, and Others can report too. Don't walk. Help is available. In an emergency call 911.

Want more information? Elder Options of Texas <https://www.elderoptionsoftexas.com> and <https://www.texasattorneygeneral.gov/consumer-protect/seniors-and-elderly/how-spot-and-report-elder-abuse-and-neglect>

Veterinarian? Assn. of Shelter Veterinarians <https://www.sheltervet.org/crisis-intervention>