

MILITARY VETERAN PEER NETWORK

1100 W Walker Street, Denison, TX 75020

OCTOBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>1 10:00 am - Vital Resource Reps (Listed on Back)</p> <p>11:30 am - Clint's Canteen</p> <p>1:00 pm – PTSD Coed Group</p>	<p>2 11:30 am - Women's Wednesday Community BINGO Art Expression</p>	<p>3 9:00 am Military Cultural Competency Training</p> <p>11:00 am Grief Share Group</p>	<p>4 CLOSED</p>	<p>5 10:00 am Bonham Coed PTSD Group *</p> <p>1:00 pm Soldier's Village Fundraiser *</p>
<p>7 9:15 am Mark's Men Group</p> <p>11:00 am Dog Handler Training</p> <p>12:00 pm SMART Recovery</p>	<p>8 10:00 am - Vital Resource Reps (Listed on Back)</p> <p>11:30 am - Clint's Canteen</p> <p>1:00 pm - PTSD Coed Group</p>	<p>9 11:30 am - Women's Wednesday Community BINGO Heart to Heart Talks</p>	<p>10 11:00 am Grief Share</p> <p>6:00 pm Veterans of Fantasy Warfare</p>	<p>11 CLOSED</p> <p>6:00 pm Steak Night VFW Post 2772 *</p>	<p>12 8:30 am Veteran Family Breakfast</p> <p>10:00 am Navy Birthday Celebration</p>
<p>7 9:15 am Mark's Men Group</p> <p>11:00 am Dog Handler Training</p> <p>12:00 pm SMART Recovery</p>	<p>15 10:00 am - Vital Resource Reps (Listed on Back)</p> <p>11:30 am - Clint's Canteen</p> <p>1:15 pm - Volunteer Meeting</p>	<p>16 11:30 am - Women's Wednesday Community BINGO Art Expression</p>	<p>17 11:00 am Grief Share Group</p>	<p>18 CLOSED</p>	<p>19 CLOSED</p>
<p>217 9:15 am Mark's Men Group</p> <p>11:00 am Dog Handler Training</p> <p>12:00 pm SMART Recovery</p>	<p>22 10:00 am - Vital Resource Reps (Listed on Back)</p> <p>11:30 am - Clint's Canteen</p> <p>1:00 pm - PTSD Coed Group</p>	<p>23 11:30 am - Women's Wednesday Community BINGO Heart to Heart Talks</p>	<p>24 11:00 am Grief Share Group</p> <p>6:00 pm Veterans of Fantasy Warfare</p>	<p>25 9:30 am Vet Court Grayson County*</p> <p>1:45pm Vet Court Fannin County *</p> <p>6:00 pm Gal's Night</p>	<p>26 10 am – 2 pm</p> <p>VET FEST*</p>
<p>28 9:30 am Mark's Men Group</p> <p>12:30 pm SMART Recovery</p>	<p>29 10:00 am - Vital Resource Reps (Listed on Back)</p> <p>11:30 am - Clint's Canteen</p> <p>1:00 pm - PTSD Coed Group</p>	<p>30 10:00 am Suicide Prevention Training</p> <p>12:00 pm Women's Networking</p>	<p>31 11:00 am Grief Share</p>	<p>WALKER HOUSE</p> <p>Mon – Thu 9 am – 1 pm</p> <p>1100 W Walker St, Denison, TX 75020</p>	

- 🧠 **Mark's Men Group** – Veteran Men Supporting Veteran Men – Discussing stressors, triggers, challenges, whatever you need some support with.
- 🐾 **Dog Handler Training** provided by Faithful Friends – No Pets, please. Come and learn tips and skills for training your dog.
- ⚙️ **SMART Recovery** – Learn practical coping skills to get out of the rut of negative thinking. (Veterans & First Responders Only) Lunch provided.
- 📖 **Vital Resource Reps** – Veteran, Medicare and other Vital Community Resource Representatives available for one-on-one services
 - Every Tuesday - Medicare Benefits Specialist, VA Housing Assistance, TCC Case Manager, Student Counselor, and Various Resources
- 🍴 **Clint's Canteen** - Free, hot, homemade meal for Veterans and their family. Donations appreciated.
- 😞 **PTSD Coed Group** – Veterans supporting each other through the challenges of living with PTSD
- 🙋 **Volunteer Meeting** – For MVPN Volunteers and those interested in volunteering to hear about upcoming events, trainings, etc. Be in the Know.
- 🍷 **Women's Wednesday** – Support Group for Female Veterans and Females in the life of a Veteran, lunch provided. Donations appreciated.
 - Every Wednesday – Community BINGO – Prizes provided by community businesses and organizations
 - 🎨 October 2nd & 16th – Art Expression - 🌸 October 9th & 23rd – Heart to Heart Talks – 🌟 October 30th - Networking
- 🇺🇸 **Military Cultural Competency Training** - Learn about the benefits of working with Veterans, how to better serve Veteran families in your organization, the ethos they live by, challenges they face, and myths they overcome.
- 🖤 **Grief Share** – Grief processing program provided by Parkside Baptist Church.
- 🎮 **Veterans of Fantasy Warfare** – Join in an evening of table-top role-playing games
- 🍖 *** Steak Night** – Located at **VFW Post 2772, 1707 Baker Rd, Sherman, TX 75090** – Veterans \$12, Non-Veterans \$16, CASH ONLY
- ⚖️ **Veterans Court** – Mentorship program for justice involved Veterans
 - Grayson County Courthouse – 100 W Houston St, Sherman, TX 75090 - Fannin County Courthouse – 101 E Sam Rayburn Dr, Bonham, TX 75418
- 👗 **Gal's Night** – Female Veterans and family are welcome to join us for food, movies, games, arts & crafts, karaoke, and lots of laughter.
- 🦋 **Bonham Coed PTSD Group** - Located at **VFW Post James E Bragg 4852, 1610 Mitchell Dr, Bonham, TX 75418**, Veterans supporting each other through the challenges of living with PTSD
- 🇺🇸 **Fundraiser Supporting Soldier's Village** - Located at **VFW Post James E Bragg 4852, 1610 Mitchell Dr, Bonham, TX 75418**, \$15 a plate, Live Auction, Silent Auction, and Raffle
- 🍳 **Veteran Family Breakfast** - Free, hot, homemade meal for Veterans and their family. Donations appreciated.
- 🇺🇸 **U.S. Navy Birthday Celebration** – Come celebrate the Sailors in your life with some cake and ice cream.
- 🗣️ **VET FEST** - Located at **4616 S US Highway 75, Denison, TX 75020** - Get face-to-face with Veteran resources in one location in Denison, TX! Info about claims, spouse benefits, health care, VA programs, non-VA mental health programs & so much more. Oh, and fun activities for the kiddos, so bring the family!

Unless otherwise noted, all events are located at the “Walker House” * Events Subject to Change * www.facebook.com/MVPN4CFG